

Fitness to Practise Policy

400-Hour Yoga Therapy Training

Yoga therapy training involves relational, reflective, and embodied work. This policy ensures safety, integrity, and professional suitability.

1. Definition

Fitness to practise refers to a student's:

- Emotional stability
 - Ethical awareness
 - Capacity to work safely with others
 - Ability to reflect, self-regulate, and receive feedback
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2. Grounds for Review

A fitness-to-practise review may be initiated if a student demonstrates:

- Unsafe or inappropriate behaviour
 - Boundary violations
 - Inability to manage emotional responses
 - Persistent unprofessional conduct
 - Behaviour that compromises safety or learning
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3. Process

Where concerns arise, the Training provider may:

- Discuss concerns with the student
 - Request additional supervision or reflective work
 - Require temporary pause or deferral
 - Terminate participation if concerns persist
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4. Outcomes

Outcomes may include:

- Continued participation with conditions
- Approved deferral (subject to £100 fee)
- Withdrawal from the Training

Decisions are final and do not entitle the student to a refund.

5. Student Responsibility

Students are responsible for monitoring their own wellbeing and seeking support when needed.